

Refreshments

Tea, coffee and biscuits will be provided during the day. Please bring your own lunch.

Please return your application form to:

The Administrator (CPD15A)
Network Counselling & Training Ltd
Trinity College
Stoke Hill, Stoke Bishop
Bristol BS9 1JP

or by email to:

info@network.org.uk

For further information:
telephone: 0117 950 7271

About Network Counselling and Training Ltd

Network is a well-established Bristol-based charity offering affordable counselling to all alongside a person-centred integrative counselling training programme.

Network Training offers two introductory courses in listening skills/counselling, one of which can also be delivered to outside organisations in a flexible workshop format to meet their specific training needs.

Network also offers a one-year part-time Certificate in Counselling Skills and a two-year part-time Diploma in Counselling, both accredited by The National Counselling Society.

In addition, Network offers a full programme of Continuing Professional Development for counsellors and other professionals in the form of short courses and workshops on a range of specialist topics.

For further information about Network, please visit our website – www.network.org.uk

network:training

Continuing Professional Development Workshop

When therapy becomes soul work

Kaitlyn Steele

Saturday 24th January 2015
10.00 am to 4.30 pm

Venue: Network Training

**12, The Courtyard, Woodlands, Woodlands Lane
Almondsbury, Bristol BS32 4NQ**

When therapy becomes soul work

Introduction

Writers such as Hillman, Moore and Elkins have argued that we urgently need to embrace a re-visioning of psychology and psychotherapy, that we need in effect to 'put the soul back' in psychotherapy. The word 'psychotherapist' comes from two Greek words - 'psyche' meaning soul and 'therapist' meaning 'servant or attendant'. And so, etymologically, a psychotherapist is a servant or attendant of the soul. My experience as a person-centred therapist has convinced me that therapy at its deepest and most meaningful level is not only or even primarily about symptom relief or problem-solving. At its heart, it is a profoundly creative, existential and spiritual process which has to do with being and becoming; with connecting with that which is to be found at the core of our being; with attending to the voice of the soul and trusting its natural wisdom; and with listening to and heeding the subtle prompting of the spirit which impels us towards growth.

In this workshop, we will explore the concept and experience of soul, both from a spiritual and psychological perspective. We will look at therapy as a creative, existential and spiritual process and will explore the concept of soul work. Finally, we will consider what it might mean in practice to incorporate such a focus in our work as therapists.

The facilitator

Kaitlyn Steele is an experienced person-centred therapist and has been involved in the counselling world for most of her adult life. Initially, she trained in the 1970s as a clinical psychologist and was employed for a number of years in the NHS before moving into working as a person-centred counsellor and supervisor in the 1980s. Some ten years later, she moved into working as a trainer and has been involved in the training of professional counsellors both at Further and Higher Education levels. She also has a small private practice as a therapist and spiritual accompanier and as a freelance

trainer. She is an experienced workshop leader and has led workshops and short courses for people working in a variety of different roles. She is also the author of a recently published book entitled 'Sacred Space: Embracing the Spiritual in Person-Centred Therapy.'

For further information, please visit her website at www.kaitlynsteele.co.uk

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CPD course application form

I wish to reserve ____ place(s) on the following course:

[CPD 15A]: **When therapy becomes soul work - Saturday 24th January 2015**

Name: (capital letters) _____

Address: _____

Post code: _____

Telephone/mobile: _____

Email address: _____

Course fee:

£70.00 per person or £40.00 per person for students, volunteer counsellors and volunteer supervisors.

£5 discount off above fees if booked before Friday 19th December 2014.

I am paying by: Electronic transfer Cash Cheque

For electronic payments, please pay Network Counselling and Training Ltd

Account number: 61440713 Sort code: 40-14-24 (Please quote your name and CPD15A for reference).

Please make cheques payable to Network Counselling & Training Ltd

IF YOU HAVE ANY ACCESS OR SPECIAL REQUIREMENTS, PLEASE ADVISE US IN GOOD TIME SO WE CAN TRY TO ACCOMMODATE YOUR NEEDS.

Cancellation policy: Please note that we require a minimum of **seven days' notice of cancellation** before the commencement of the course, otherwise the full fee will be payable. No part of the fee can be refunded for non-attendance on the day.

office use only

On List.....(date) Payment CSH/CHQ/BACS.....(date)

Conf sent.....(date)

N.B. Please detach the above form and send to the address overleaf.