

# network:training

## Continuing Professional Development Workshop

### About Network Counselling & Training Ltd

An organisational member of the British Association for Counselling and Psychotherapy (BACP), Network is a well-established Bristol-based charity offering **affordable counselling** to all, alongside a person-centred integrative counselling training programme.

Network Training offers **two introductory courses** in listening skills/counselling, one of which can also be delivered to outside organisations in a flexible workshop format to meet their specific training needs.

Network also offers a one-year part-time **Certificate in Counselling Skills** and a two-year part-time **Diploma in Counselling**, both accredited by The National Counselling Society.

In addition, Network offers a full programme of **Continuing Professional Development** for counsellors and other professionals in the form of short courses and workshops on a range of specialist topics.

For further information about Network, please visit our website – [www.network.org.uk](http://www.network.org.uk)

## “I don't work with addiction!”

**Taking the fear out of  
addiction and dependency issues  
in a general counselling setting**

**led by  
Peter Walker**

**Saturday 16<sup>th</sup> January 2016  
10.00 am to 4.00 pm**

**Venue: Network Training  
12 The Courtyard, Woodlands, Woodlands Lane  
Almondsbury, Bristol BS32 4NQ**

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## Introduction

Many counsellors/counselling agencies do not work with people who are known to have an active addiction to drugs or alcohol and yet it is inevitable that such issues will arise in counselling either in respect of the client themselves or because they are affected by family members or friends living with drug or alcohol addiction/dependency. Issues around addiction/dependency are also broader than drugs and alcohol, and include gambling, over/under-eating, physical exercise etc. The workshop will touch on some of these wider addictions/dependencies, although the focus will be primarily around drugs and alcohol.

## Aims

- To improve your understanding of addiction and dependency issues.
- To understand better the drug and alcohol treatment system, and what resources are available.
- To explore working with addiction/dependency issues.

## Summary

We will explore some of the definitions of addiction and theoretical understanding of what may lie behind addictive behaviours. We will examine treatment approaches and what resources and support currently exist within the statutory and voluntary sectors to help people with drug or alcohol addiction issues. We will also touch on support for those with other dependencies.

Finally we will consider how we would approach issues of addiction and dependency when they arise in the counselling room. We will use anonymised case material and you are encouraged to bring examples from your own work, again suitably anonymised, to assist the discussion and exploration.

## The facilitator

The workshop will be led by Peter Walker MSc, MBACP(Accred), who works as a counsellor and supervisor with Network, and who was previously the Chief Executive of a drug and alcohol treatment agency for more than 17 years.

## Refreshments

Tea, coffee and biscuits will be provided during the day. Please bring your own lunch.

## Cost

The cost of this workshop is **£70 per person** - or **£40 per person** for students, volunteer counsellors and volunteer supervisors.

There is an 'early bird' **discount** of £5 off the above if the booking is received before **Friday 16<sup>th</sup> October 2015**.

## Cancellation policy

Please note that we require a minimum of **seven days' notice of cancellation** before the day of the workshop, otherwise the full fee will be payable. No part of the fee can be refunded for non-attendance on the day.

**IF YOU HAVE ANY ACCESS OR SPECIAL REQUIREMENTS, PLEASE ADVISE US IN GOOD TIME SO WE CAN TRY TO ACCOMMODATE YOUR NEEDS.**

### Please return your application form to:

The Training Coordinator (CPD16A)  
Network Counselling & Training Ltd  
12 The Courtyard, Woodlands, Woodlands Lane, Almondsbury  
Bristol BS32 4NQ

or by email to:

[sue.woodhead-marsh@network.org.uk](mailto:sue.woodhead-marsh@network.org.uk)

For further information:

telephone: 0117 950 7271