## Counselling and training affordable counselling for everyone affordable counselling for everyone





A lot of things are happening at the moment and thankfully things are now coming together. I know some of you will be aware of some of this, but we thought it would be really good to update you all.

## We own a building!

We have completed on the

purchase of part of St Andrews Church in Filton – and it's public knowledge as it was in last month's Filton Voice that was delivered through the porch at our new premises! Once work is completed we will have 8 new counselling rooms with a high standard of acoustic separation and overlooking a private garden area, 2 of which will be larger rooms for Young People or Couples Counselling when needed. We will still have a receptionist greeting clients etc and a more private waiting area, a common room for counsellors and a kitchenette specific to the counselling areas. We will also have a Training Suite with a number of different rooms and its own kitchenette. There will also be various offices. The Training suite will be accessed separately from the Counselling areas, with its own front door.

The new premises are 15 minutes by car from our current location at Trinity College and they are within 2 minutes' walk of a number of major bus routes ... The 77 from Westbury on Trym every hour takes less than 30 minutes, The 75 goes up and down Gloucester Road and is every 20 minutes.

# Fundraising

£72,500 to raise

We have raised 91% of the funds needed for the project (including a loan from Triodos Bank). We have other applications outstanding, some fundraising/sponsored events and new applications to make , to raise the remaining **£72,500 by the end of December 2017** So, if you have any other good ideas, know a trust, local company or organisation that we can apply to, or if you would like to make a donation or know someone who would, then please do <u>get in touch</u>.

Everyone could take advantage of the Co-op Membership Community Fund where Co-op give 1% of everything people spend on Co-op own brand goods to Network if you have nominated us as your local charitable cause. Please do take up this opportunity and encourage friends and family if you can. We raised £2,435 in the previous round of funding and so far since April we have raised £386 but many other local causes have raised over a £1,000 in the same time! It really is as simple as the more people who take part and nominate Network as their local cause the more money they will donate to us. <u>https://www.coop.co.uk/</u> <u>membership/join-us</u>

We also expect to compete in the **<u>Big Give Christmas Challenge</u>** this year and hope to be able to get some match funding from this against donations made, so watch out for further news on this.





### Starting work on site: Whilst we still need to

raise funds, we have resolved enough issues (see above) to move forward with the Contractor, John Perkins Construction to start on site on 10<sup>th</sup> July . This will lead to completion by Friday 15th December. With some contingency allowance and time for moving we are looking to open the new premises at the start of January 2018. We will look to give regular updates every couple of months.

### At Trinity College until we move

We have agreed with Trinity College that we can stay here up to the end of December, when the work at the new site will be completed. This is obviously longer than originally planned and in the end we will have been at Trinity College for 4 years. Whilst we can stay in the main 2 storey block we will need to move some of the counselling rooms and have agreed with Trinity the move into the 2 storey Lodge Cottage that is immediately alongside us. We will have 4 ground floor counselling rooms and 2 at first floor. We remain grateful to Trinity for accommodating us during the period before we move to our new premises.

The move will be at a time of the year (over the Christmas period) when we are normally closed, so we should be able to do this with minimum disruption.

A couple of other dates for your diary

# Walking Network's Journey

**Saturday 16<sup>th</sup> September** we are having a sponsored walk in aid of the building project and there will be 2 options both of which celebrate Network's journey from its first base just off College Green back in 1986 to the new premises in St Andrews.

If you would like to walk past all the premises we have been at then it will be nearly 9 miles and take in lots of sights of the areas of Bristol we have been based in. Or you can go for the shorter option of walking straight from College Green to St Andrews and this will only be 4.5 miles.

### See the map opposite and do let us know if you would like to walk

or know someone else who would do so on behalf of Network. It would be great to have a good crowd not only to raise funds but also to celebrate the journey that Network has been on over more than 30 years of counselling and training people in their own personal journeys. <u>Virgin Giving Event Page</u>





# BOOGIE Satu Sept WONDERLAND

### Saturday 30<sup>th</sup> September

We are having a celebration/ fundraising event at St Peter's Church in Filton ... just down the road from St Andrews.

So save the 30 September in your diary for this fundraising event in conjunction with Bristol Hospitality Network, who support refugees and asylum seekers in Bristol. <u>https://bhn.org.uk/</u> So come along and enjoy an evening together supporting 2 great charities that are based in Bristol and a wonderful meal (a tasty and fragrant - but not hot! - curry, served by the Bristol Hospitality Network team.

This will be a joint fundraising event, when we hope to raise funds towards our new premises in Elm Park and also to support BHN in their work. So, you can expect delicious food, a silent auction, a fun quiz, a disco and dancing.

The event will be held in the hall at St Peters Church, Filton BS34 7BQ. We look forward to seeing you there, so keep an eye out for more information and contact us for tickets. Maybe even book a table and come with some friends.

#### Anne, Louise and Nick

#### Network Counselling and Training Management Team





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