
NETWORK COUNSELLING & TRAINING FIRST ANNUAL CONFERENCE

THEME: WHAT'S THIS REALLY ABOUT? DEFINING THE THERAPEUTIC TASK IN COUNSELLING.

Speaker: Nick Luxmoore

Date: Friday 18th May 2018

Venue: St Michael's Old School Rooms, Stoke Gifford

We are delighted to announce Network's inaugural Annual Conference. This will be an opportunity to meet and network with other counselling professionals and to hear Nick Luxmoore address the theme of 'defining the therapeutic task'.

"At a time of spending cuts, is it ever enough to say that we listen and empathise, offering a non-judgmental relationship in which people can explore things confidentially? Aren't all professionals aiming to do this? What else are counsellors aiming to do? What's the therapeutic task beyond listening and empathising? What makes therapy therapeutic? How might counselling affect a person's internal world, a person's sense of self? What makes an actual difference? This workshop will explore these questions personally, practically and theoretically. We'll share our experiences and learn together."

Nick Luxmoore is a supervisor, trainer, school counsellor, teacher, youth worker and psychotherapist (UKCP registered). He has 40 years' experience of working with young people and the professionals who support them. Nick's career has included teaching in schools and prisons, running a youth centre and theatre, setting up and managing a youth counselling and information service, working as a school counsellor and counsellor with young refugees and asylum seekers. He is the author of ten books, all published by Jessica Kingsley Publishers. He writes a column for BACP Children & Young People magazine and a blog for Psychology Today.



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