

About Network Counselling and Training

An organisational member of the British Association for Counselling and Psychotherapy (BACP), Network has been established as a counselling and training agency for 30 years - offering **affordable counselling** to all alongside a person-centred integrative counselling training programme.

Network Training offers **two introductory courses** in listening skills/counselling, one of which can also be delivered to outside organisations in a flexible workshop format to meet their specific training needs.

Network also offers a one-year part-time **Advanced Certificate in Counselling Skills**, accredited by the National Counselling Society (NCS), and a two-year part-time **Diploma in Counselling**, accredited by The British Association for Counselling and Psychotherapy (BACP).

In addition to the Certificate and Diploma level counselling training programme, Network Training also offers a full programme of Continuing Professional Development for counsellors and other professionals in the form of short courses and workshops on a range of specialist topics.

For further information about Network please visit our website – www.network.org.uk

Conversations About Sex & Sexuality in the Counselling Room

Continuing Professional Development Workshop

Led by Olivia Rowlatt

Friday 16th March 2018

9.30 am - 4.30 pm



Network Training
Elm Park
Filton
Bristol
BS34 7PS



“Having Conversations About Sex & Sexuality in the Counselling Room”

Introduction

What happens when sex is talked about in a therapeutic situation?

Sexuality is a universal fundamental human drive. Every person has a relationship with sex in some way. Sex goes straight to the heart of human vulnerability. Sex incites some of the most powerful emotions. Understanding what happens when sex is talked about allows the subject to be explored within counselling professions.

How do conversations about sex fit into the therapeutic setting? What is erotic transference? What language should I use? This workshop will consider these questions and more.

The Facilitator

Olivia Rowlatt is a relationship counsellor and sex therapist. Working with couples at Relate for ten years, Olivia noticed the significant impact sexual issues can have on relationship happiness and individual well-being. She took a Post-graduate Diploma in Sex and Relationship Therapy in order to work with and address sexual difficulties.

Currently, Olivia works as a psychosexual therapist at the Royal United Hospital. She sees couples and individuals in her private practice in central Bath, and runs workshops on female sexuality. Other qualifications include a BSc in Biological Science, Relate Certificate in Marital and Couple Counselling and Post-graduate Diploma in Systemic Theory.

Olivia is an accredited member of the College of Sex and Relationship Therapists: <http://www.cosrt.org.uk>. She has a significant interest in mindfulness and meditation. Olivia lives in a cohousing community. For more information see her website: <http://oliviarowlatt.co.uk>

Cost

The cost of this workshop is **£80 per person** - or **£50 per person** for students, volunteer counsellors and volunteer supervisors. *“Early bird discount” of £10 for bookings made and paid for by Friday 23rd February 2018—£70 per person and £40 per person for students and volunteers.*

Venue

The Oak Room, Network Counselling & Training , Elm Park, Filton, Bristol.

Refreshments

Tea, coffee and biscuits will be provided during the day. Please bring your own lunch. There are a number of convenience stores and food outlets in the neighbourhood.

Cancellation policy

Please note that we require a minimum of **seven days’ notice of cancellation** before the day of the workshop, otherwise the full fee will be payable. No part of the fee can be refunded for non-attendance on the day.

Booking a place

Booking form either with this flyer, or downloadable from our web site www.network.org.uk Payment by either cheque or BACS. Please return your completed form to:

The Training Coordinator (CPD18B)
Network Counselling & Training Ltd,
Elm Park, Filton, South Gloucestershire , BS34 7PS

or by email to:

training@network.org.uk

For further information:

telephone: 0117 950 7271