

About Network Counselling and Training

An organisational member of the British Association for Counselling and Psychotherapy (BACP), Network has been established as a counselling and training agency for 30 years - offering **affordable counselling** to all alongside a person-centred integrative counselling training programme.

Network Training offers **two introductory courses** in listening skills/counselling, one of which can also be delivered to outside organisations in a flexible workshop format to meet their specific training needs.

Network also offers a one-year part-time **Advanced Certificate in Counselling Skills**, accredited by the National Counselling Society (NCS), and a two-year part-time **Diploma in Counselling**, accredited by The British Association for Counselling and Psychotherapy (BACP).

In addition to the Certificate and Diploma level counselling training programme, Network Training also offers a full programme of Continuing Professional Development for counselors and other professionals in the form of short courses and workshops on a range of specialist topics.

For further information about Network please visit our website – www.network.org.uk

“Working with addictive behaviour and thinking in a Person-Centred way”

Continuing Professional
Development Workshop

led by Nathalie Griffin

Friday 25th January 2019

9.30 am - 4.30 pm

Network Training
Elm Park
Filton
Bristol BS34 7PS



‘Working with addictive behaviour and thinking in a Person-Centred way’

Introduction

The aim of this workshop is to take some of the fear out of working with clients who may be living with addiction or may have experienced it in the past. This could be the client themselves who is or was involved in addictive behaviour and thinking, or friends and family members coming into counselling because they need support regarding a loved-one's current or historical addictive behaviour.

We will explore ideas about how we define addiction and how it can be treated, while considering how we, as counsellors, fit into the clients' recovery.

This will be a participatory workshop and participants are encouraged to think of client work that they would be prepared to share with their colleagues in a confidential setting.

The Facilitator

Nathalie Griffin, MBACP, currently works for GamCare, providing time-limited therapy regarding gambling problems for gamblers, ex-gamblers, and their friends and family members, while also running a busy private practice providing long-term therapy which tends to focus on themes around burnout and trauma. Nathalie also works with a large voluntary sector organisation facilitating reflective practice sessions, and she runs occasional workshops on addressing fatigue, burn-out and compassion fatigue.

Previously, Nathalie has worked for the Alcohol Misuse Service, Bristol Drugs Project, Counselling for Social Change, and City of Bristol College.

For more information, please visit <http://www.nathaliegriffin.com/>

Venue

The Oak Room, Network Counselling & Training , Elm Park, Filton, Bristol BS34 8PS

Refreshments

Tea, coffee and biscuits will be provided during the day. Please bring your own lunch. There are a number of convenience stores and food outlets in the neighbourhood.

Cost

The cost of this workshop is **£80 per person** - or **£50 per person** for students, volunteer counsellors and volunteer supervisors. *“Early bird discount” of £10 for bookings made and paid for by Friday 30th November 2018.*

Cancellation policy

Please note that we require a minimum of **seven days’ notice of cancellation** before the day of the workshop, otherwise the full fee will be payable. No part of the fee can be refunded for non-attendance on the day.

Booking a place

Booking form either with this flyer, or downloadable from our web site www.network.org.uk Payment by either cheque or BACS. Please return your completed form to:

The Training Coordinator
Network Counselling & Training Ltd
Elm Park, Filton, Bristol BS34 7PS

or by email to:

training@network.org.uk

For further information:

telephone: 0117 950 7271

IF YOU HAVE ANY ACCESS OR SPECIAL REQUIREMENTS, PLEASE ADVISE US IN GOOD TIME SO WE CAN TRY TO ACCOMMODATE YOUR NEEDS.