

“Befriending the Child Within”

Continuing Professional Development Workshop

About Network Counselling and Training

An organisational member of the British Association for Counselling and Psychotherapy (BACP), Network has been established as a counselling and training agency for 30 years - offering **affordable counselling** to all alongside a person-centred integrative counselling training programme.

Network Training offers **two introductory courses** in listening skills/counselling, one of which can also be delivered to outside organisations in a flexible workshop format to meet their specific training needs.

Network also offers a one-year part-time **Advanced Certificate in Counselling Skills**, accredited by the National Counselling Society (NCS), and a two-year part-time **Diploma in Counselling**, accredited by The British Association for Counselling and Psychotherapy (BACP).

In addition to the Certificate and Diploma level counselling training programme, Network Training also offers a full programme of Continuing Professional Development for counsellors and other professionals in the form of short courses and workshops on a range of specialist topics.

For further information about Network please visit our website – www.network.org.uk



led by Louise Mill

Friday 5th July 2019

9.30 am - 4.30 pm

Network Training
Elm Park
Filton
Bristol BS34 7PS



‘Befriending the Child Within’

Introduction

“None of us can be whole, happy adults without bringing the Inner Child into our lives and thereby healing it.” (Cappachione 1991)

Whether we are aware of it or not, our thoughts, feelings and behaviours are impacted by the Child, or Children, within. In order that we, and our clients, can move towards healing and wholeness we need to become attuned to this Inner Child and what the Child is saying.

This workshop will consider how we might become more sensitive to noticing the Child within and how we might work creatively with this aspect in our own lives and in the context of our client work.

The Facilitator

Louise Mill is currently Course Leader on the Advanced Certificate course at Network.

With over fourteen years of counselling experience, and until recently Network’s Head of Counselling, Louise has been involved in training for the past ten years, both as Course Leader on the Certificate in Counselling Skills course and in running courses and training days at Network and in the community.

In her spare time Louise enjoys singing, playing guitar, walking by the sea, or curling up with a good book!



Venue

The Oak Room, Network Counselling & Training , Elm Park, Filton, Bristol BS34 7PS

Refreshments

Tea, coffee and biscuits will be provided during the day. Please bring your own lunch. There are a number of convenience stores and food outlets in the neighbourhood, and we have kitchen facilities on site.

Cost

The cost of this workshop is **£80 per person** - or **£50 per person** for students, volunteer counsellors and volunteer supervisors. *“Early bird discount” of £10 for bookings made and paid for by Friday 10th May 2019.*

Cancellation policy

Please note that we require a minimum of **seven days’ notice of cancellation** before the day of the workshop, otherwise the full fee will be payable. No part of the fee can be refunded for non-attendance on the day.

Booking a place

Booking form either with this flyer, or downloadable from our web site www.network.org.uk Payment by either cheque or BACS. Please return your completed form to:

The Training Coordinator
Network Counselling & Training Ltd
Elm Park, Filton, Bristol BS34 7PS

or by email to:

training@network.org.uk

For further information:

telephone: 0117 950 7271

IF YOU HAVE ANY ACCESS OR SPECIAL REQUIREMENTS, PLEASE ADVISE US IN GOOD TIME SO WE CAN TRY TO ACCOMMODATE YOUR NEEDS.