

# CONTINUING PROFESSIONAL DEVELOPMENT WORKSHOP

## About Network Counselling and Training

An organisational member of the British Association for Counselling and Psychotherapy (BACP), Network has been established as a counselling and training agency for 30 years - offering **affordable counselling** to all alongside a person-centred integrative counselling training programme.

Network Training offers **two introductory courses** in listening skills/counselling, one of which can also be delivered to outside organisations in a flexible workshop format to meet their specific training needs.

Network also offers a one-year part-time **Advanced Certificate in Counselling Skills**, accredited by the National Counselling Society (NCS), and a two-year part-time **Diploma in Counselling**, accredited by The British Association for Counselling and Psychotherapy (BACP).

In addition to the Certificate and Diploma level counselling training programme, Network Training also offers a full programme of Continuing Professional Development for counsellors and other professionals in the form of short courses and workshops on a range of specialist topics.

For further information about Network please visit our website – [www.network.org.uk](http://www.network.org.uk)



## “The Impact of Childhood Complexity”



**Led by Phil Harris**

**Friday 24th January 2020  
9.30am—4.30pm**

**Network Training  
Elm Park  
Filton  
Bristol BS34 7PS**

# “The Impact of Childhood Complexity”

## Introduction

The workshop explores how key issues in child and adolescent development impact on the individuals long term life course. It explores normative development in order to identify how ruptures within this process influence development and predict the complexities that adults may face in later life. This includes what makes children / young people prone to problems, such as neglect and trauma, and considers how therapeutic processes can address these concerns in later life. Drawing on robust and compelling research throughout, this workshop will offer participants a deep understanding of developmental complexity. It will also help practitioners identify sub-groups of complexity and offer rapid symptom management strategies to support clients through a longer journey of change.

*By the end of the workshop participants will have had opportunities to:*

- Understand the impact of interruptions to the normative life course;
- Identify the long term trajectories of those affected by trauma and neglect;
- Map key neural systems that drive change;
- Provide a range of practical interventions to reduce symptoms.

## The Facilitator

Phil Harris has worked in the drug misuse field for over 28 years as a practitioner, trainer and manager. His extensive experience includes working, and managing teams, in frontline drug and alcohol services, street homeless day centres and mental health services. He is a visiting lecturer at Bristol University Social Policy Unit, and was advisor to the US BICEP programme, as well as to the World Health Organisation in the Balkans region. He has written over 20 scholarly articles on effective practice and has published five books on substance misuse, treatment effectiveness, family and young people with complex needs. He has also designed county-wide and residential treatment programmes for young people. Currently he is also the Lead for Psychological Interventions for a large mental health service managing complex cases, personality disorder, dual diagnosis and suicide prevention teams. Visit [www.philharris.online](http://www.philharris.online) for more information.

## Venue

The Oak Room, Network Counselling & Training , Elm Park, Filton, Bristol BS34 7PS

## Refreshments

Tea, coffee and biscuits will be provided during the day. Please bring your own lunch. There are a number of convenience stores and food outlets in the neighbourhood, and we have kitchen facilities on site.

## Cost

The cost of this workshop is **£85 per person** - or **£55 per person** for students, volunteer counsellors and volunteer supervisors. *“Early bird discount” of £10 for bookings made and paid for by Friday 29th November 2019.*

## Cancellation policy

Please note that we require a minimum of **seven days' notice of cancellation** before the day of the workshop, otherwise the full fee will be payable. No part of the fee can be refunded for non-attendance on the day.

## Booking a place

You can book a place by going to [thelittleboxoffice.com/network/](http://thelittleboxoffice.com/network/) or alternately by downloading a booking form from our web site [www.network.org.uk](http://www.network.org.uk). Please return completed forms to:

The Training Coordinator, Network Counselling & Training Ltd  
Elm Park, Filton, Bristol BS34 7PS

**or by email to:**

[training@network.org.uk](mailto:training@network.org.uk)

**For further information:**  
**telephone:** 0117 950 7271

IF YOU HAVE ANY ACCESS OR SPECIAL REQUIREMENTS, PLEASE ADVISE US IN GOOD TIME SO WE CAN TRY TO ACCOMMODATE YOUR NEEDS.