



Encounters with Difference and it's Impact



CPD
workshop

Led by Ounkar Kaur
Friday 3rd December 2021
9.30am–4.30pm



network
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Network Training
Elm Park, Filton, Bristol BS34 7PS

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About the workshop

At the heart of this workshop, we will seek to understand how we are impacted by 'difference'.

There will be an opportunity to begin a conversation about difference and our responses to this often, challenging topic. The aim of this workshop is to push back the barriers preventing all of us from openly exchanging dialogues regarding the more separative and

frequently isolating aspects of living with difference - some of which, sadly, result in a sense of exclusion.

We will explore what these barriers might be? From my own lived experience, some are in plain view whilst others are not that easy to detect, and instead, tend to remain unvoiced and dormant beneath everyday awareness.

About Ounkar

Ounkar Kaur has been involved in the field of mental health since 1995 and has worked with adult patients experiencing a wide range of issues. She is a Psychodynamic Psychotherapist currently working in the private and voluntary sector, and is an accredited Race Equality Trainer offering diversity training and workshops covering a range of topics.

How to book

The cost of this workshop is **£85 per person** - or **£55 per person** for students, volunteer counsellors and volunteer supervisors. 'Early bird' discount available.

For more details and to book a place see our web site <https://network.org.uk/> (where you can download a booking form) or go to <https://thelittleboxoffice.com/network/>



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