

CONTINUING PROFESSIONAL DEVELOPMENT WORKSHOP

About Network Counselling and Training

An organisational member of the British Association for Counselling and Psychotherapy (BACP), Network has been established as a counselling and training agency for 30 years - offering **affordable counselling** to all alongside a person-centred integrative counselling training programme.

Network Training offers **two introductory courses** in listening skills/counselling, one of which can also be delivered to outside organisations in a flexible workshop format to meet their specific training needs.

Network also offers a one-year part-time **Advanced Certificate in Counselling Skills**, accredited by the National Counselling Society (NCS), and a two-year part-time **Diploma in Counselling**, accredited by The British Association for Counselling and Psychotherapy (BACP).

In addition to the Certificate and Diploma level counselling training programme, Network Training also offers a full programme of Continuing Professional Development for counsellors and other professionals in the form of short courses and workshops on a range of specialist topics.

For further information about Network please visit our website – www.network.org.uk

Cover image courtesy of Robert Martin



“From Despair to Hope - Why Meaning Matters”



network
counselling and training

Led by Louise Mill

**Friday 6th March 2020
9.30am—4.30pm**

**Network Training
Elm Park
Filton
Bristol BS34 7PS**

Registered charity no. 292801

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"From Despair to Hope - Why Meaning Matters"

Overview

"Suffering ceases to be suffering at the moment it finds a meaning." Viktor Frankl

Drawn from his observations and experience in Nazi concentration camps during the Second World War, Frankl believed that a person's deepest desire is to search for meaning and purpose. It is that sense that can sustain someone in the most difficult of situations.

How many of our clients are involved in that very same search for meaning and purpose in the circumstances they find themselves in? They don't understand why they feel anxious and depressed. Perhaps they are struggling to make sense of the past, they may be feeling suicidal and can't see a reason to live, perhaps life has lost its purpose following a loss. Can counselling bring hope to these clients? In this workshop we will consider why meaning matters and how we can enable our clients to find meaning in their circumstances.

The Facilitator

Louise Mill is currently Course Leader on the Advanced Certificate course at Network.

With over fourteen years of counselling experience, and until recently Network's Head of Counselling, Louise has been involved in training for the past ten years, both as Course Leader on the Certificate in Counselling Skills course and in running courses and training days at Network and in the community.

In her spare time Louise enjoys singing, playing guitar, walking by the sea, or curling up with a good book!



Venue

The Oak Room, Network Counselling & Training, Elm Park, Filton, Bristol BS34 7PS

Refreshments

Tea, coffee and biscuits will be provided during the day. Please bring your own lunch. There are a number of convenience stores and food outlets in the neighbourhood, and we have kitchen facilities on site.

Cost

The cost of this workshop is **£85 per person** - or **£55 per person** for students, volunteer counsellors and volunteer supervisors. *"Early bird discount" of £10 for bookings made and paid for by Friday 31st January 2020.*

Cancellation policy

Please note that we require a minimum of **seven days' notice of cancellation** before the day of the workshop, otherwise the full fee will be payable. No part of the fee can be refunded for non-attendance on the day.

Booking a place

You can book a place by going to thelittleboxoffice.com/network/ or alternately by downloading a booking form from our web site www.network.org.uk. Please return completed forms to:

The Training Coordinator, Network Counselling & Training Ltd
Elm Park, Filton, Bristol BS34 7PS

or by email to:

training@network.org.uk

For further information:
telephone: 0117 950 7271

IF YOU HAVE ANY ACCESS OR SPECIAL REQUIREMENTS, PLEASE ADVISE US IN GOOD TIME SO WE CAN TRY TO ACCOMMODATE YOUR NEEDS.