

Joyful Heart Training
in collaboration with
Network Counselling and Training



PROSPECTUS

**INTRODUCTION TO
COUNSELLING CHILDREN AND YOUNG PEOPLE
Stage 1**

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INTRODUCTION TO COUNSELLING CHILDREN AND YOUNG PEOPLE

Who is this course for?

This is an Introduction to counselling young people and children; developed in line with the BACP Stage 1 training curriculum for Counselling Children and Young People. It is delivered in four workshops over two weekends (Saturday and Sunday) to be held in January and February 2021.

It aims to offer an experiential opportunity to practice and develop skills in working with children and young people within a safe environment. Personal development is an important aspect of this course preparing you to work with children and young people which can be personally challenging work.

It is suitable for either qualified counsellors or student counsellors who are in at least the 2nd year of training who have an interest in working professionally with children and young people.

Course dates

The sessions will be held on Saturdays and Sundays between 9.30am to 4.30pm on the following weekends:

23rd & 24th January 2021

27th & 28th February 2021

In the event of a further National lockdown where training and education are not permitted to attend, this course will be held online.

Venue

The course will be delivered at Network's training premises at Elm Park, Filton, Bristol BS34 7PS, which is just off the A38, Gloucester Road North. It is easily accessible by public transport, within easy reach of bus stops and a 15 minute walk from Abbeywood Railway Station.

Parking is available on site on Saturdays, however, the car park is in use by St Andrews Church adjacent to the building on Sundays. Parking is available nearby, either on street parking or a free public car park at the end of Elm Park near the Leisure and Community Centres.

There is a small kitchen with a dishwasher, fridge and microwave. A short distance away is a café, a supermarket and fast food outlets and a pub.

Network offers a Covid-secure environment and ask that all users follow the use of building guidelines, (see attached document).

Assessment

Assessment will be by a written essay of 3,000 words (with a deadline date of 19 March 2021), a personal development journal of 500+ words per workshop and peer and tutor skills assessment.

Fees

The course fee is £440. On acceptance of a place, we ask you to pay a non-returnable deposit of £80. The balance of £360 can be paid towards the start of the course in one lump sum, due on or before 17 January or in two monthly instalments of £180, due on or before 17 January and 21 February.

The course fee will cover tuition costs and essay marking. Referred essays will carry a fee of £50.

Application

Application forms can be downloaded from Network's website or, alternatively, emailed to you on request.

Qualified applicants should have completed a level 4 or 5 Diploma in Counselling (minimum of 450 hours of training). Students should be in the 2nd year of a Diploma or equivalent.

Closing date for applications is 6 January 2021. Late applications will be considered should places be available.

Withdrawing from the course

If a confirmed place is cancelled up to 14 days prior to the start of the course a refund of the full amount paid (minus deposit of £80) will be made.

Course staffing, venue arrangements and resources are planned around student numbers and so we regret **it is not possible to waive the course fee should a student withdraw once the course has begun.**

Outline of course content

Module 1

- Goals in counselling children and young people
- Importance of the Counselling relationship
- Child and adolescent development and transitions
- Neuro development
- Attachment Theory
- Development of the family and significant relationships
- Development of emotional wellbeing
- Mental Health diagnosis in Children and Young People
- Age-appropriate and problematic behaviours
- Communication skills with children and young people

Module 2

- Counselling theory – Therapeutic models for counselling children and young people
- Assessment methods
- Beginnings and Endings

- Working with emotions
- Working creatively

Module 3

- Ethical and Legal Issues
- Confidentiality
- Risk assessment, safeguarding and contracting

Module 4

- Context and settings
- Working with other agencies
- Supervision

Course Day

The course day will consist of an interactive teaching session involving a range of learning opportunities, and may also involve a led teaching session, group discussion, individual learning activity, the opportunity to practice skills and personal development work. The day will end with a process group.

Course Progression

This Introduction to Counselling Children and Young People course will enable you to develop your counselling practice within agency, education or third sector settings, and will lead you onto the Post-Qualifying Diploma in Counselling Children and Young People. The Post Qualifying Diploma is designed in line with the new BACP Stage 2 curriculum and competencies in Counselling Children and Young People.

Network will be offering the Post-Qualifying Diploma in Counselling Children and Young People in late 2021.

Who will be leading the course?

The course tutor is: **Anne Duke**

Anne Duke is a highly respected counsellor, supervisor and trainer with over 25 years' experience working with children and young people in the education sector.

Anne currently combines her role as Head of Training, at Network Counselling and Training, with counselling in schools, teaching on Network's introductory courses, and providing counselling related workshops to other organisations.

In addition to this, Anne has her own private practice as a counsellor and supervisor. Anne's former roles in schools as mentor and offering careers information and advice gives her a well-rounded knowledge of young people and the issues they face.