

Network in numbers

3,299 one-to-one counselling sessions

300 counselling clients supported

90 students on our courses

67% of clients report significant improvement in wellbeing

80% of clients would return to Network

£60,000 needed to fundraise each year to keep counselling affordable

Our clients say

"The sessions helped me through the worst months of my life... I can't thank my counsellor enough"

"When I began coming to Network, I was feeling utterly desperate, desolate and despairing... six months later I was a transformed person"

"MY COUNSELLOR DID MORE FOR ME IN 6 WEEKS THAN ANYONE HAS DONE IN MY LIFE"

"It has been life changing for me"

